

STÓ:LŌ BULLETIN JUNE 2024

REMINDER: If you see any suspicious activity, please contact **Allegiance Security** at either **604-701-1692 OR 604-392-1692** and please state which property (Coqualeetza or St. Mary's) you are reporting from. If you believe it to be an emergency, please call 911.

A MESSAGE FROM THE OFFICE OF THE EXECUTIVE DIRECTOR (OED)

With the technical setback of a few weeks staff are busy meeting the early deadline for the Annual Report (AR) and Audit submissions. Our intent was to have these reports finalized before the busy summer months kicked in, so staff can take time to relax.

The next few months ahead we are preparing for;

- The upcoming SNCC regular scheduled meeting on Thursday, June 6, 2024.
- The SSA Annual General meeting (AGM) on Wednesday, June 26, 2024, hosted at building #10, 1st fl. boardroom from 10am-12pm.
- SSA Golf Tournament Thursday, August 22, 2024 at the Cultus Lake Golf Course.
- The Stó:lō Heritage Trust Society (SHTS) -Xá:ytem Properties AGM scheduled for Wednesday, September 18th at 11am via Zoom.

As we move into the summer months, please plan safely for your holidays, and enjoy family time.

COVID-19 PROTOCOLS

SSA continues to reinforce in-place preventative measures. Variants of COVID-19 spread the same as the original COVID-19 so the measures already in place continue to be effective at reducing the spread. Please be diligent in doing your part to help reduce the spread which include doing your daily health check, staying home when feeling sick, using available space to spread out and respect personal space, wearing masks if required, cleaning hands, and disinfecting work surfaces regularly. If you are feeling ill or test positive for COVID-19, notify your supervisor and stay home.

Xyólhmet ye Syéwiqwéh (Taking Care of Our Children) – Community Update

Investigating Unmarked Graves at Multiple Sites Associated with Three Former Residential Schools in S'ólh Téméxw

Stó:lō Nation Chiefs' Council (SNCC), under the leadership of Chief David Jimmie, President of the SNCC, has launched a broad-based and inclusive initiative to investigate potential unmarked graves and missing children related to three of the former Residential School sites within S'olh Téméxw: the former St. Mary's, Coqualeetza, and All Hallows institutions in Mission, Chilliwack, and Yale. The project team will carry out archival, oral historical, and on-site remote sensing work in search of identifiable unmarked graves. We are also working with local Stó:lō First Nations including Sqwá, Sq'ewqéyl, and Ch'íyáqtel regarding unmarked burials known to have been relocated to each of their cemeteries from the Coqualeetza Grounds. For more about this work, please visit www.stolonation.bc.ca/residential-school-project-information

STÓ:LŌ GIFT SHOP

Online shopping is available 24/7 with in-store pickup! Storefront is open Monday through Friday 9:00 am – 4:00 pm.



Stó:lō Gift Shop YOUR STORE FOR GIFTS & MORE!

stologiftshop.com









JUNE 2024

SASET CDP Outreach Schedule



Mémiyelhtel Program



STÓ:LO ABORIGINAL SKILLS AND EMPLOYMENT (SASET)

- Driver for Hire Get trained, get paid! Contact SASET
- Pipe Fitting Foundations January 6-May 30, 2025.
- <u>Service Canada Mobile locations</u> April-June <u>Service Canada Mobile locations</u> July
- Construction Training Progams June 10-29, 2024, at SASET
- Sts'ailes Landscaping June 3-14, 2024, at Sts'ailes EAS
- Guardians Cultural Training Program Sept 3-Dec 6,2024, at Seabird College
- Certificate Training for Youth Summer Employment July2-5 2024, at SASET Chilliwack
- Self-Care Workshop June 6-7,2024, at Sts'alies EAS
- Construction Training June 10-29, 2024, at SASET Chilliwack
- Building Service Worker Program August 12, 2024, at Katzie FN
- Road Building & Heavy Construction Program July 15-October 4,2024
- Certificate Training for Youth Summer Employment July 2-5 2024 at Seabird EAS
- Basic Security Training July 15-19,2024 at SASET Chilliwack
- Landscaping Training Program June 3-14, 2024 at Sts'ailes EAS
- Construction Training Program June 10-20, 2024 at Ts'zil Learning Centre
- Culinary Arts Program September 2024 at UFV
- SASET Programming
- Youth in Trades Summer Program-July 8-August 9, 2024 at SASET & UFV
- Certificate Training-July 2-5 at Katzie FN

SSA MEMORANDUM - INCOME ASSISTANCE DEPARTMENT (SASET Client Memo)

This is a **friendly reminder** that you will need to continue to submit your monthly renewals and Monthly Employment Action Plan (EAP). You can arrange a meeting with a SASET Counsellor by calling 604-858-3691 or emailing info@saset.ca. Next EAPs are due to be submitted to the SASET office by JUNE 4, 2024 along with your monthly renewal. Please see letter regarding inflation relief benefits.

To view the full income assistance client memos:

Employment Action Plan

Food Allowance Memo

A friendly reminder from Cheam First Nation: Please update your records and address for all future communication to councilexecassist@cheamband.com.











JUNE 2024

STÓ:LŌ HEALTH SERVICES

STÓ:LŌ DENTAL OFFICE

Upcoming Office Summer Closure: June 21st through to July 3rd - celebrating Dr Singh's wedding. BCDA- dental Benefits for all. More information attached. Before proceeding with treatment, it is important to understand your dental care costs. Each patient will vary.





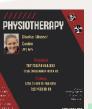
STÓ:LŌ ACUPUNCTURE

Dr. Karen Smith, Dr. TCM, R.AC, offers appointments on Monday's, 9am to 4pm at Building 7 for the month of June. Book NOW! Jane App: Book an appointment with Dr. Smith here: or 604-824-3200.



STÓ:LŌ PHYSIOTHERAPY

Charise Conkin offers appointments Tuesdays at The'í:tselíya Building and Fridays at Stó:lō Health Building. <u>Book an appointment with Charise Conkin here</u>: or call 604-824-2681.





STÓ:LŌ COUNSELLING

Book an appointment with Bel Bhushan here: or call 604-824-3200

CASCADE THERAPY

Massage Therapy & Chiropractor S.A.Y Health Building- 8256 Chilliwack River Road Call to book your appointment: 604-792-0158





TELUS HEALTH

EAP newsletter, click on Telus icon. Here are the instructions "how to use EAP"



CLASS ACTION LAWSUIT-INDIAN BOARDING HOMES

Please email:claims@boardinghomesclassaction.com or Leslee Picton: Leslee.Picton@stolonation.bc.ca for more information.



YOGA WEDNESDAYS WITH INNER VISION YOGA

Every Wednesday, 11:30 - 12:30 pm SSA staff are welcome to attend FREE yoga sessions on campus in Building 2C portable with instructors from Inner Vision Yoga, supported by the Stó:lō Research and Research Management Centre.









JUNE 2024

48th ANNUAL ELDERS GATHERING

August 13-14, 2024, at Vancouver Convention Centre, East Building. Email questions to: bceleders@telus.net Please click on logo for more information.



STSA's S'í:wes te S'ólh Téméxw (Teachings of Our Land) Summer Course

Held July 2, 2024-August 2, 2024

Open to youth ages 16-21 from STSA Communities (Chowéthel, Xwchíyò:m, Kwaw'Kwaw'Apilt, Sq'ewlets, Seabird Island Band, Shxw'ōwhámél, Sq'ewá:lxw, Sqwá, Semá:th, Yale First Nation, Ăthelets, Shxwhà:y Village, Sq'ewqéyl, Th'ewá:li, Sxwoyehálá, Ch'íyáqtel, Yeqwyeqwí:ws)



SSA GROUP BENEFITS PLAN

MENTAL HEALTH NAVIGATOR

The Best Doctors Mental Health Navigator program offers you a discreet and confidential way to seek mental health support. If you or an eligible family member struggle with feelings such as depression, stress, or anxiety, contact Best Doctors. Supported every step of the way by your personal Mental Health Navigator and expert health professionals including psychiatrists and psychologists, we provide an assessment of your diagnosis and recommend an appropriate treatment plan, from the comfort of your home via phone or video conference. Your Mental Health Navigator will also provide you support along your journey through the complex mental health care system. Please see the MHN Employee Flyer for more information.

ABORIGINAL FAMILY PLACE – JUNE 2024 Calendar

Sa'ep'ip awtxw "A Place to Gather"

This is just a reminder that we are currently only offering visits by appointment. Please call at least a day in advance to schedule your visit. If you are feeling unwell, please reschedule.



A:LMELHAWTXW: Early Education Centre

Head Start, Tuesday & Thursday 9:00am – 12:00pm Please call for more information, 604-824-6505



Head Start Calendar

Head Start Newsletter

Looking for Nutrition Advice?

Mana Bayanzadeh, Registered Dietitian Call or text: 778-926-9451

STÓ:LŌ COMMUNITY FUTURES

Stó:lō Community Futures has a new online booking system! Please see link below and contact Bridgette Hill, SCF Administrative Assistant, by phone at 604-858-0009, or by email at bhill@stolocf.ca if you have any questions.

Please see link for online booking:











JUNE 2024









Wellness Wednesday

Planting seeds and celebrating May Birthdays

























JUNE 2024

CERTIFICATE OF INDIAN STATUS CARD AND ASSISTANCE WITH THE APPLICATION FOR THE SECURE CERTIFICATE OF INDIAN STATUS CARD

Building 8A, 1st Floor, 2nd door

BY APPOINTMENT ONLY. Tuesday, Wednesday, and Thursday from 9:00 am - 3:30 pm

Email June.jimmie@stolonation.bc.ca or call 604-824-3266 to book

Building 8A - North Side Entrance | Registry is on the Main Floor, 2nd door

PROTOCOLS FOR THE APPOINTMENT

- Give yourself enough travel time
 - Arrive on time
 - No walk-ins

CERTIFICATE OF INDIAN STATUS CARD

- Two pieces of valid ID, one with a photo
- Bring your own 1"x1" picture

ASSISTANCE WITH APPLYING FOR SECURE CERTIFICATE OF INDIAN STATUS CARD

- One valid picture ID
- Two recent passport photos

<u>Valid Identification is required for applying for Status Cards, Registration, & other Personal Information</u> Updates.

ISC is **no longer accepting expired ID** for registration, status card issuance, or for requests to update personal information in the Indian Register. All ID must be valid, that is, not expired.

Since provincial and territorial authorities that issue ID (such as health care cards and driver's licenses) across Canada have reopened, applicants with expired ID are encouraged to obtain valid ID as soon as possible.

For more information on the ID, requirements to apply for registration, and the status card, visit What is considered valid acceptable identification.

Bands that will be issued Certificate of Indian Status Cards and assistance with the Secure Certificate of Indian Status Cards

Aitchelitz First Nation	(558)	Shxw'ow'hamel First Nation	(587)
Kwaw Kwaw Apilt First Nation	(580)	Skawahlook First Nation	(582)
Matsqui First Nation	 (565)	Soowahlie First Nation	(572)
Popkum First Nation	(585)	Sumas First Nation	(578)









JUNE 2024

STÓ:LŌ WORKPLACE INCIDENT REPORTS

A friendly reminder to All Staff:

If a workplace Incident occurs, please follow the link to follow the procedure on how to report an incident: Workplace Incident Report Form

ANNOUNCEMENT TO ALL STAFF:

For meeting-room bookings, staff are encouraged to **book meeting rooms in the building they have an office in**. For bookings, please contact the following:

- Building 7 Boardrooms <u>Sheradon Roberts</u> / <u>Heather Walker</u> / <u>Lauralee Campbell</u>
- Building 8B (SGH) Small and large Boardrooms will be closed until further notice. <u>Abby Duncan / Kelly Willmets</u>
- Building 10 Floor 1- Abby Duncan / Kelly Willmets
- Building 10 Floor 2 Tracey Joe / Tara Green
- Building 10 Floor 3 Nancy Wasikowski
- Longhouse Bookings Naomi Henry (604) 824-2436

FRIENDLY REMINDERS FROM FINANCE AND OPERATIONS

- To Request new or changes to existing access cards, please complete the online Access Form at: www.stolonation.bc.ca/access
- Cell Phones and Landlines! Contact Brianna Nakagawa for all things related to cellphones and landlines.
- To review current operational policies and other general information, please go to N:\Info.
- Reminder for all staff to submit any announcements/invitations to <u>Michelle Van Tongeren</u> for the monthly bulletin and to refrain from sending "all-staff" emails.
- Staff are reminded to avoid publishing phone numbers work or personal on Facebook or any other social media. Recently SSA experienced harassing phone calls from someone who obtained a staff's cell number as well as their relative's numbers on Facebook.









JUNE 2024

STÓ:LŌ SERVICE AGENCY

VISION

A healthier, stronger, brighter future for all communities.

MISSION

We empower, support, and contribute to the health and well-being of all people by providing leadership and delivering a broad range of quality services.

VALUES

We strive to act in accordance with our seven core values at all times.

Honesty We communicate internally and externally with clarity, honesty, and openness.

Accountability We accept responsibility for our decisions and actions and answer to our

partners openly and transparently.

Pride We feel and demonstrate pride in our actions and accomplishments.

Professionalism We act professionally as an outward reflection of our internal values.

Integrity We do our best work, hold ourselves to the highest standards of conduct and

act in the interest of our communities and partners.

Empathy We work to understand and relate to the feelings, experiences, and situations

of others and are non-judgemental.

Respect We respect others' ideas, experiences, and ways of thinking and treat all people

as equals.





