



# STÓ:LŌ BULLETIN

JULY 2024

**REMINDER:** If you see any suspicious activity, please contact **Allegiance Security** at either **604-701-1692 OR 604-392-1692** and please state which property (Coqualeetza or St. Mary's) you are reporting from. If you believe it to be an emergency, please call 911.

## **A MESSAGE FROM THE OFFICE OF THE EXECUTIVE DIRECTOR (OED)**

We hosted a successful hybrid Stó:lō Service Agency (SSA) Annual General meeting (AGM) on Wednesday, June 26, 2024, at building #10, 1st fl. boardroom. Congratulations to all the staff on meeting the Annual Report due date. It was nice to have the report finalized before the summer months and staff holidays begin. We are still diligently working on finalizing the Audit for approval.

We have just received the email from Cathy Figol from the Department of Justice confirming receipt of the signed 'Additions to Reserve' paperwork from Canada. We are now awaiting this paperwork to arrive in our hands before officially celebrating this huge accomplishment.

The next few months ahead we are preparing for:

- Battle of the Businesses Baseball tournament on Tuesday, August 13, 2024 at Tzeachten Sports fields;
- SSA Golf Tournament Thursday, August 22, 2024 at the Cultus Lake Golf Course; and
- Xá:ytem (Stó:lō Heritage Trust Society) AGM scheduled for Wednesday, September 18 at 11am via Zoom.

Wishing you and your families a relaxing summer. Stay safe and healthy.

## **COVID-19 PROTOCOLS**

SSA continues to reinforce in-place preventative measures. Variants of COVID-19 spread the same as the original COVID-19 so the measures already in place continue to be effective at reducing the spread. Please be diligent in doing your part to help reduce the spread which include doing your daily health check, staying home when feeling sick, using available space to spread out and respect personal space, wearing masks if required, cleaning hands, and disinfecting work surfaces regularly. If you are feeling ill or test positive for COVID-19, notify your supervisor and stay home.

## **Xyólhmet ye Syéwiqwéh (Taking Care of Our Children) – [Community Update](#)**

### **Investigating Unmarked Graves at Multiple Sites Associated with Three Former Residential Schools in S'ólh Téméxw**

Stó:lō Nation Chiefs' Council (SNCC), under the leadership of Chief David Jimmie, President of the SNCC, has launched a broad-based and inclusive initiative to investigate potential unmarked graves and missing children related to three of the former Residential School sites within S'ólh Téméxw: the former St. Mary's, Coqualeetza, and All Hallows institutions in Mission, Chilliwack, and Yale. The project team will carry out archival, oral historical, and on-site remote sensing work in search of identifiable unmarked graves. We are also working with local Stó:lō First Nations including Sqwá, Sq'ewqéyl, and Ch'íyáqtel regarding unmarked burials known to have been relocated to each of their cemeteries from the Coqualeetza Grounds. For more about this work, please visit [www.stolonation.bc.ca/residential-school-project-information](http://www.stolonation.bc.ca/residential-school-project-information)





# STÓ:LŌ BULLETIN

JULY 2024

## STÓ:LŌ GIFT SHOP

Online shopping is available 24/7 with in-store pickup!  
Storefront is open Monday through Friday 9:00 am – 4:00 pm.



Stó:lō Gift Shop

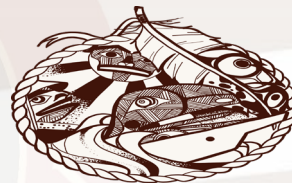
YOUR STORE  
FOR GIFTS & MORE!

[stologiftshop.com](http://stologiftshop.com)

## SASET CDP Outreach Schedule



## Mémiyelhtel Program



## STÓ:LŌ ABORIGINAL SKILLS AND EMPLOYMENT (SASET)

- [Driver for Hire](#) - Get trained, get paid! Contact SASET
- [Pipe Fitting Foundations](#) - January 6 - May 30, 2025.
- [Service Canada Mobile locations](#) - July 10, 2024 at Matsqui FN
- [Guardians Cultural Training Program](#) - Sept 3 - Dec 6, 2024, at Seabird College
- [Certificate Training for Youth Summer Employment](#) – July 2-5 2024, at SASET Chilliwack
- [Building Service Worker Program](#) - August 12, 2024, at Katzie FN
- [Road Building & Heavy Construction Program](#) - July 15 - October 4, 2024
- [Certificate Training for Youth Summer Employment](#) - July 2-5 2024 at Seabird EAS
- [Basic Security Training](#) - July 15-19, 2024 at SASET Chilliwack
- [Culinary Arts Program](#) - September 2024 at UFV
- [SASET Programming](#)
- [Youth in Trades Summer Program](#) - July 8 - August 9, 2024 at SASET & UFV
- [Certificate Training](#) - July 2-5 at Katzie FN
- [Pre-Trades Foundations Program](#) - January 6 - May 30, 2025



## SSA MEMORANDUM – INCOME ASSISTANCE DEPARTMENT (SASET Client Memo)

This is a **friendly reminder** that you will need to continue to submit your monthly renewals and Monthly Employment Action Plan (EAP). You can arrange a meeting with a SASET Counsellor by calling 604-858-3691 or emailing [info@saset.ca](mailto:info@saset.ca). Next EAPs are due to be submitted to the SASET office by [July 2, 2024](#) along with your monthly renewal. Please see letter regarding inflation relief benefits.

To view the full income assistance client memos:

[Employment Action Plan](#)

[Food Allowance Memo](#)

**A friendly reminder from Cheam First Nation: Please update your records and address for all future communication to [councilxecassist@cheamband.com](mailto:councilxecassist@cheamband.com).**





# STÓ:LŌ BULLETIN

JULY 2024

## STÓ:LŌ HEALTH SERVICES

### STÓ:LŌ DENTAL OFFICE

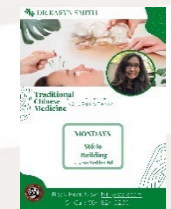
The Dental team has been involved in the training this month, Dental Implant scanning and "doing our work in a Good Way" hosted by Kelowa. BCDA- dental Benefits for all. More information attached. Before proceeding with treatment, it is important to understand your dental care costs. Each patient will vary.



Walk in clinic, July 24,2024, see poster for more information.

### STÓ:LŌ ACUPUNCTURE

Dr. Karen Smith, Dr. TCM, R.AC, offers appointments on Monday's, 9am to 4pm at Building 7 for the month of July. Book NOW! Jane App: [Book an appointment with Dr. Smith here:](#) or 604-824-3200.



### WORKSHOPS

Registration is open! Please email: [Heather.Walker@stolonation.bc.ca](mailto:Heather.Walker@stolonation.bc.ca)



### STÓ:LŌ COUNSELLING

[Book an appointment with Bel Bhushan here:](#) or call 604-824-3200



### CASCADE THERAPY

Massage Therapy & Chiropractor  
S.A.Y Health Building- 8256 Chilliwack River Road  
Call to book your appointment: 604-792-0158



### TELUS HEALTH

EAP newsletter, click on Telus icon.  
Here are the instructions "how to use EAP"



### CLASS ACTION LAWSUIT-INDIAN BOARDING HOMES

Please email: [claims@boardinghomesclassaction.com](mailto:claims@boardinghomesclassaction.com) or  
Leslee Picton: [Leslee.Picton@stolonation.bc.ca](mailto:Leslee.Picton@stolonation.bc.ca) for more information.



### YOGA WEDNESDAYS WITH INNER VISION YOGA

**Every Wednesday, 11:30 - 12:30 pm** SSA staff are welcome to attend FREE yoga sessions on campus in Building 2C portable with instructors from Inner Vision Yoga, supported by the Stó:lō Research and Research Management Centre.

### "COMMUNITY ACTION IN MOTION: AN EVENING OF PERFORMANANCE ART"

Thursday July 11, 2024 5:30 – 8:30pm

<https://www.chilliwackculturalcentre.ca/cc-event/community-in-action/>





# STÓ:LŌ BULLETIN

## JULY 2024

### 48th ANNUAL ELDERS GATHERING

August 13-14, 2024, at Vancouver Convention Centre, East Building.  
Email questions to: [bceleders@telus.net](mailto:bceleders@telus.net)  
Please click on logo for more information.



### STSA's S'í:wes te S'ólh Téméxw (Teachings of Our Land) Summer Course

Held July 2, 2024-August 2, 2024

Open to youth ages 16-21 from STSA Communities (Chowéthel, Xwchíyò:m, Kwaw'Kwaw'Apilt, Sq'éwlets, Seabird Island Band, Shxw'ōwhámél, Sq'éwá:lxw, Sqwá, Semá:th, Yale First Nation, Áthelets, Shxwhà:y Village, Sq'éwqéyl, Th'éwá:li, Sxwoyehálá, Ch'íyáqtel, Yeqwyeqwi:ws)



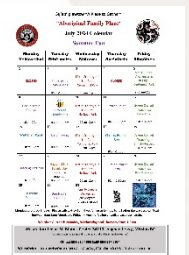
### SSA GROUP BENEFITS PLAN MENTAL HEALTH NAVIGATOR

The Best Doctors Mental Health Navigator program offers you a discreet and confidential way to seek mental health support. If you or an eligible family member struggle with feelings such as depression, stress, or anxiety, contact Best Doctors. Supported every step of the way by your personal Mental Health Navigator and expert health professionals including psychiatrists and psychologists, we provide an assessment of your diagnosis and recommend an appropriate treatment plan, from the comfort of your home via phone or video conference. Your Mental Health Navigator will also provide you support along your journey through the complex mental health care system. Please see the [MHN Employee Flyer](#) for more information.

### ABORIGINAL FAMILY PLACE – JULY 2024 Calendar

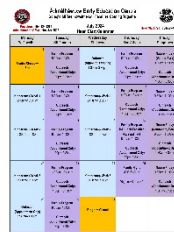
Sq'ep'ip awtxw "A Place to Gather"

This is just a reminder that we are currently only offering visits by appointment. Please call at least a day in advance to schedule your visit. If you are feeling unwell, please reschedule.

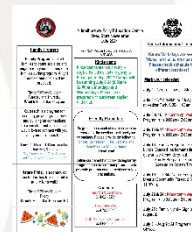


### A:LMEHAWTXW: Early Education Centre

Head Start, Tuesday & Thursday 9:00am – 12:00pm  
Please call for more information, 604-824-6505



Head Start Calendar



Head Start Newsletter

### Looking for Nutrition Advice?

Mana Bayanzadeh, Registered Dietitian  
Call or text: 778-926-9451



### STÓ:LŌ COMMUNITY FUTURES

Stó:lō Community Futures has a new online booking system! Please see link below and contact Bridgette Hill, SCF Administrative Assistant, by phone at 604-858-0009, or by email at [bhill@stolocf.ca](mailto:bhill@stolocf.ca) if you have any questions. Marketing Level II workshop, July 4, 2024.





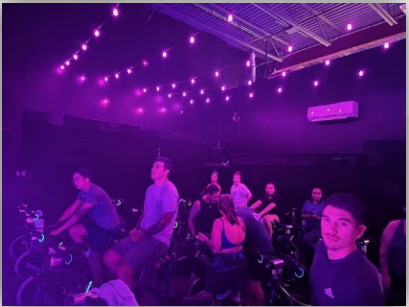
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## SSA AGM



## Wellness Wednesday Mamba Cycle & July KM Challenge





# STÓ:LŌ BULLETIN

JULY 2024

## CERTIFICATE OF INDIAN STATUS CARD AND ASSISTANCE WITH THE APPLICATION FOR THE SECURE CERTIFICATE OF INDIAN STATUS CARD

Building 8A, 1<sup>st</sup> Floor, 2<sup>nd</sup> door

**BY APPOINTMENT ONLY. Tuesday, Wednesday, and Thursday from 9:00 am – 3:30 pm**

Email [June.jimmie@stolonation.bc.ca](mailto:June.jimmie@stolonation.bc.ca) or call 604-824-3266 to book

Building 8A – North Side Entrance | Registry is on the Main Floor, 2<sup>nd</sup> door

### PROTOCOLS FOR THE APPOINTMENT

- Give yourself enough travel time
  - Arrive on time
  - No walk-ins

### CERTIFICATE OF INDIAN STATUS CARD

- Two pieces of valid ID, one with a photo
- Bring your own 1"x1" picture

### ASSISTANCE WITH APPLYING FOR SECURE CERTIFICATE OF INDIAN STATUS CARD

- One valid picture ID
- Two recent passport photos

### Valid Identification is required for applying for Status Cards, Registration, & other Personal Information Updates.

ISC is **no longer accepting expired ID** for registration, status card issuance, or for requests to update personal information in the Indian Register. All ID must be valid, that is, not expired.

Since provincial and territorial authorities that issue ID (such as health care cards and driver's licenses) across Canada have reopened, applicants with expired ID are encouraged to obtain valid ID as soon as possible.

For more information on the ID, requirements to apply for registration, and the status card, visit [What is considered valid acceptable identification.](#)

### **Bands that will be issued Certificate of Indian Status Cards and assistance with the Secure Certificate of Indian Status Cards**

Aitchelitz First Nation	(558)	Shxw'ow'hamel First Nation	(587)
Kwaw Kwaw Apilt First Nation	(580)	Skawahlook First Nation	(582)
Matsqui First Nation	(565)	Soowahlie First Nation	(572)
Popkum First Nation	(585)	Sumas First Nation	(578)





# STÓ:LŌ BULLETIN

JULY 2024

## STÓ:LŌ WORKPLACE INCIDENT REPORTS

A friendly reminder to All Staff:

If a workplace Incident occurs, please follow the link to follow the procedure on how to report an incident:

[Workplace Incident Report Form](#)

## ANNOUNCEMENT TO ALL STAFF:

For meeting-room bookings, staff are encouraged to **book meeting rooms in the building they have an office in**. For bookings, please contact the following:

- Building 7 Boardrooms – [Sheradon Roberts](#) / [Heather Walker](#) / [Lauralee Campbell](#)
- Building 8B (SGH) Small and large Boardrooms will be closed until further notice. [Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 1- [Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 2 – [Tracey Joe](#) / [Tara Green](#)
- Building 10 Floor 3 - [Nancy Wasikowski](#)
- Longhouse Bookings - [Naomi Henry](#) (604) 824-2436

## FRIENDLY REMINDERS FROM FINANCE AND OPERATIONS

- To Request new or changes to existing access cards, please complete the online Access Form at: [www.stolonation.bc.ca/access](http://www.stolonation.bc.ca/access)
- Cell Phones and Landlines! Contact Brianna Nakagawa for all things related to cellphones and landlines.
- **To review current operational policies and other general information, please go to N:\Info.**
- Reminder for all staff to submit any announcements/invitations to [Michelle Van Tongeren](#) for the monthly bulletin and to refrain from sending “all-staff” emails.
- Staff are reminded to avoid publishing phone numbers – work or personal – on Facebook or any other social media. Recently SSA experienced harassing phone calls from someone who obtained a staff’s cell number – as well as their relative’s numbers - on Facebook.





# STÓ:LŌ BULLETIN

JULY 2024

## STÓ:LŌ SERVICE AGENCY

### VISION

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A healthier, stronger, brighter future for all communities.

### MISSION

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We empower, support, and contribute to the health and well-being of all people by providing leadership and delivering a broad range of quality services.

### VALUES

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We strive to act in accordance with our seven core values at all times.

<b>Honesty</b>	We communicate internally and externally with clarity, honesty, and openness.
<b>Accountability</b>	We accept responsibility for our decisions and actions and answer to our partners openly and transparently.
<b>Pride</b>	We feel and demonstrate pride in our actions and accomplishments.
<b>Professionalism</b>	We act professionally as an outward reflection of our internal values.
<b>Integrity</b>	We do our best work, hold ourselves to the highest standards of conduct and act in the interest of our communities and partners.
<b>Empathy</b>	We work to understand and relate to the feelings, experiences, and situations of others and are non-judgemental.
<b>Respect</b>	We respect others' ideas, experiences, and ways of thinking and treat all people as equals.

